



**ONE-DAY RETREATS:**

For men and women coping with the loss of marriage due to divorce, separation, or death. A day filled with listening, reflecting, and sharing to guide your own healing journey. The Holy Spirit will be there, too!

# Coping with Life Alone

**Oct. 24 - 9am-5pm**

St. Catherine Labouré  
(Clairemont) -- or --

**Nov. 7 - 9am-5pm**

St. Mary Parish (Escondido)

**Live retreat with COVID-19 precautions.**

Info / Sign-up: (858) 748-2273 or  
BeginningExperienceSD@gmail.com

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